

# 12-STEP RECOVERY & SUPPORT GROUPS

## Support Groups for Addiction

Alcoholics Anonymous (AA)  
Narcotics Anonymous (NA)  
Heroin Anonymous (HA)  
Pills Anonymous (PA)  
Cocaine Anonymous (CA)  
Crystal Meth Anonymous (CMA)  
Marijuana Anonymous (MA)  
Nicotine Anonymous (NicA)  
Caffeine Addicts Anonymous (CAFAA)  
Chemically Dependent Anonymous (CDA)  
All Addicts Anonymous (AAA)  
Recoveries Anonymous (R.A.)  
Pharmacists Recovery Network  
International Doctors in Alcoholics Anonymous (IDAA)  
International Lawyers in Alcoholics Anonymous (ILAA)  
Association of Recovering Motorcyclists (A.R.M.)

## Religious Alternatives

Celebrate Recovery  
Christians in Recovery  
Addictions Victorious  
Alcoholics Victorious  
Alcoholics for Christ  
Overcomers in Christ  
Overcomers Outreach  
The Calix Society  
Jewish Alcoholics, Chemically Dependent Persons and Significant Others (JACS)  
Buddhist Recovery Network  
Refuge Recovery

## For Families and Others Affected by Addiction and Mental Illness

Al-Anon/Alateen (For Family and Friends of Alcoholics)  
Nar-Anon (For Family and Friends of Addicts)  
Adult Children of Alcoholics (ACA)/Dysfunctional Families  
Families Anonymous (FA)  
Parents Anonymous  
NAMI Family Support Group (For Adults with Loved Ones Who Have Experienced Mental Health Symptoms)  
S-Anon/S-Ateen (For Family and Friends of Sexaholics)  
Codependents of Sexual Addiction – COSA (For Those Whose Lives Have Been Affected by Another's Compulsive Sex Behavior)  
Gam-Anon (For Family and Friends of Gamblers)

## Secular Alternatives

SMART Recovery (Self-Management and Recovery Training)  
Women for Sobriety  
Rational Recovery  
Secular AA  
Secular Organizations for Sobriety (SOS)  
LifeRing Secular Recovery

## Additional Support Groups & Organizations

Violence Anonymous (VA)  
Adult Survivors of Child Abuse Anonymous (ASCAA)  
Survivors of Incest Anonymous  
IDS Family Services  
Porn Addicts Anonymous (PAA)  
Sex Addicts Anonymous (SAA)  
Sexaholics Anonymous  
Sex and Love Addicts Anonymous (SLAA)  
Sexual Compulsives Anonymous (SCA)  
Sexual Recovery Anonymous (SRA)  
Co-dependents Anonymous (CoDa)  
Emotions Anonymous  
Dual Recovery Anonymous  
Depressed Anonymous  
Social Anxiety Anonymous  
PTSD Anonymous  
Self Mutilators Anonymous  
Obsessive Compulsive Anonymous  
Obsessive Skin Pickers Anonymous (OSPA)  
Clutters Anonymous (CLA)  
Overeaters Anonymous (OA)  
Food Addicts Anonymous (FAA)  
Food Addicts in Recovery Anonymous  
Recovery from Food Addiction  
Eating Disorders Anonymous (EDA)  
Debtors Anonymous (DA)  
Underearners Anonymous (UA)  
Spenders Anonymous  
Workaholics Anonymous  
Gamblers Anonymous  
Internet & Tech Addicts Anonymous (ITAA)  
Online Gamers Anonymous (OLGA)  
Offenders Anonymous  
Reentry Anonymous  
GROW IN AMERICA (Peer Support)  
Hearing Voices Network

