



# BREAKING THE NORMS

AN ALL INCLUSIVE  
COLORING BOOK

VOLUME ONE

# SPECTRUM

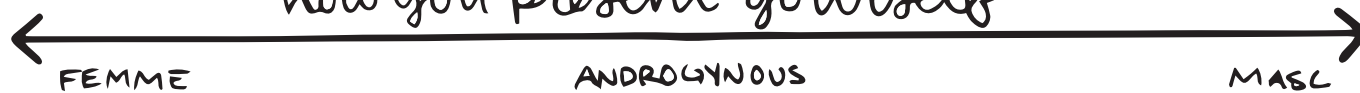
## GENDER IDENTITY

*how you feel on the inside*



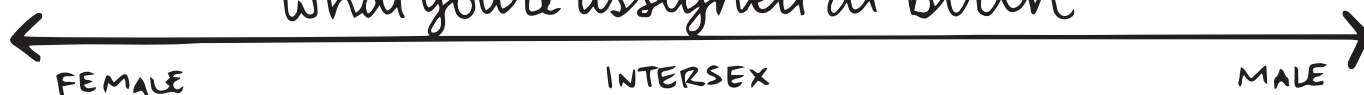
## GENDER EXPRESSION

*how you present yourself*



## BIOLOGICAL SEX

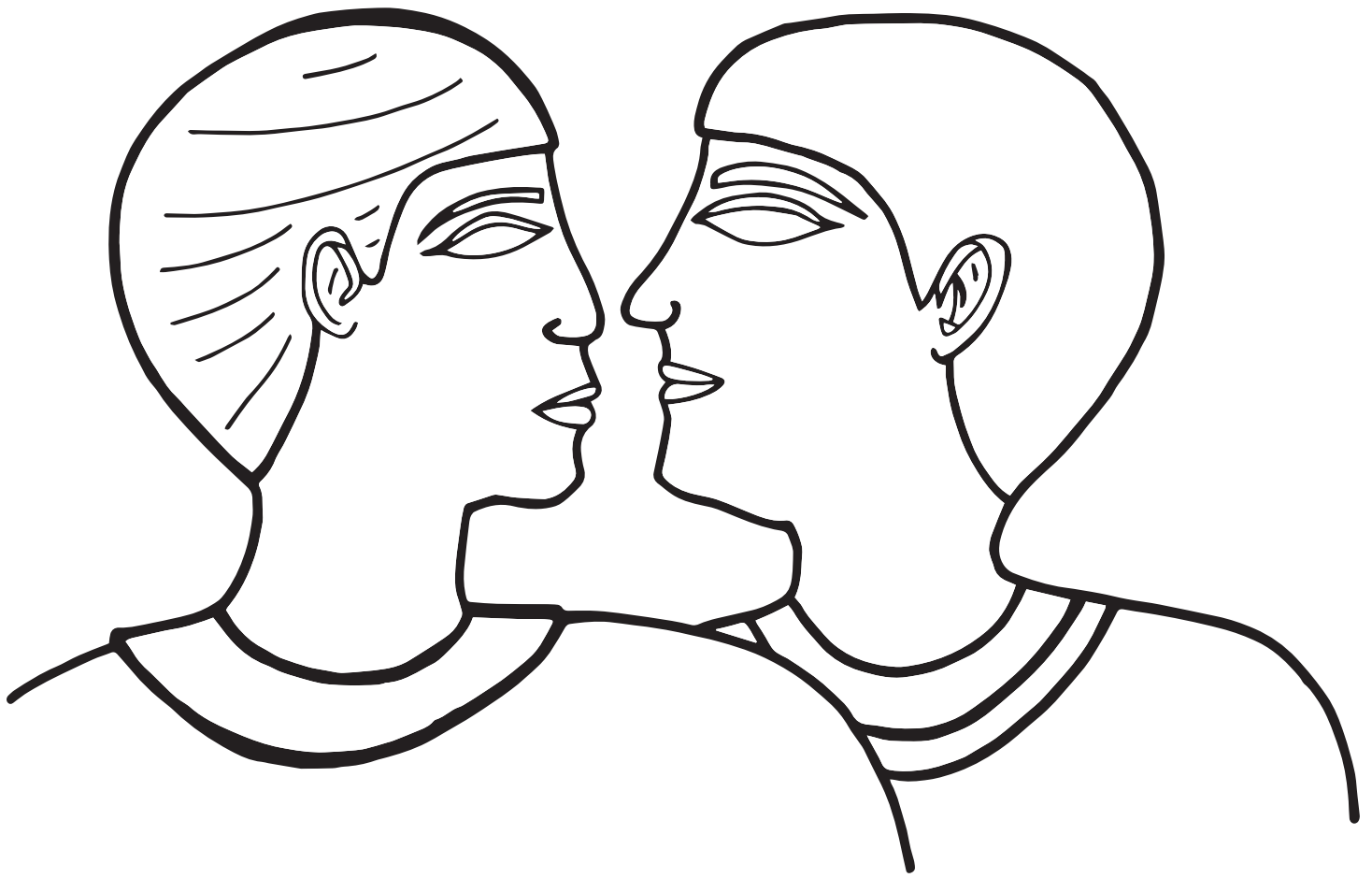
*what you're assigned at birth*



## SEXUAL ORIENTATION

*who you like*





KHNUMHOTEP &  
NIBANKHANNUM

☐ Egyptian royal servants thought to be the first documented gays. They held hands, embraced each other, & were buried together.

"Pies, ¿Para qué los quiero si tengo alas para volar?"

Frida  
Kahlo

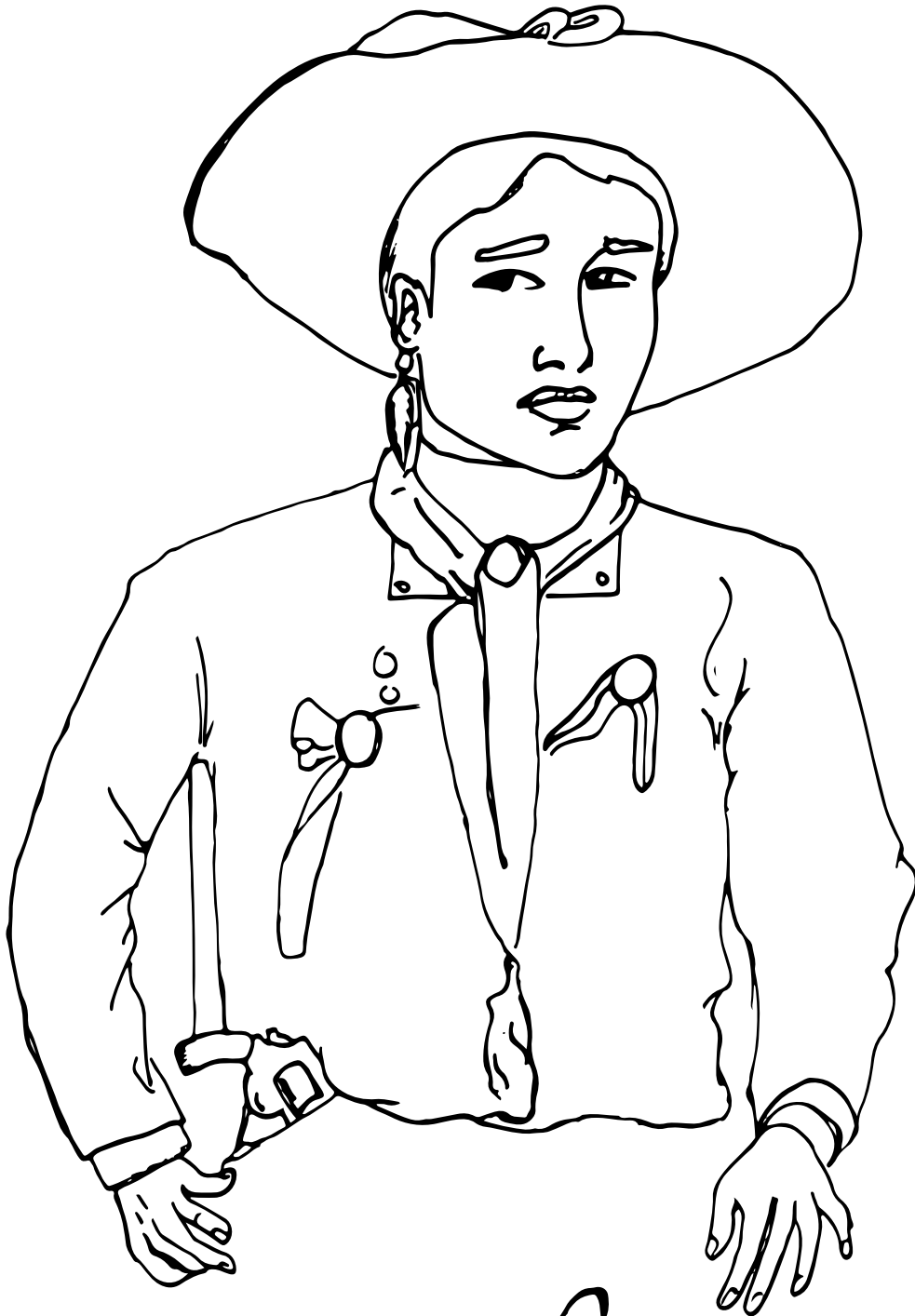


- Mexicana • Bisexual • Independent •
- Strong • Artistic • Creative •
- Passionate • Persistent •

# Puang Maitoa Saidi



A Bissu High Priest from Indonesia. Bissu are gender nonconforming people seen as a connection between humans & gods. Their culture acknowledges five genders.



# Las Adelitas

FEMALE FIGHTERS // SOLDADERAS  
OF THE MEXICAN REVOLUTION\*



XICANA PUNK ROCKER  
FROM EAST LA SHE HAS  
PLAYED WITH PUNK BANDS  
DEFYING MALE DOMINATED  
WORLD OF PUNK WITH HARDCORE FEM ATTITUDE!!!  
XXX

AGE BOA

# THE GAY FLAG

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①
②
③
④
⑤
⑥

THIS FLAG IS USED BY ALL THE MEMBERS  
OF THE LGBTQ COMMUNITY.

EACH COLOR HAS ITS OWN MEANING:

① RED: LIFE/SEXUALITY

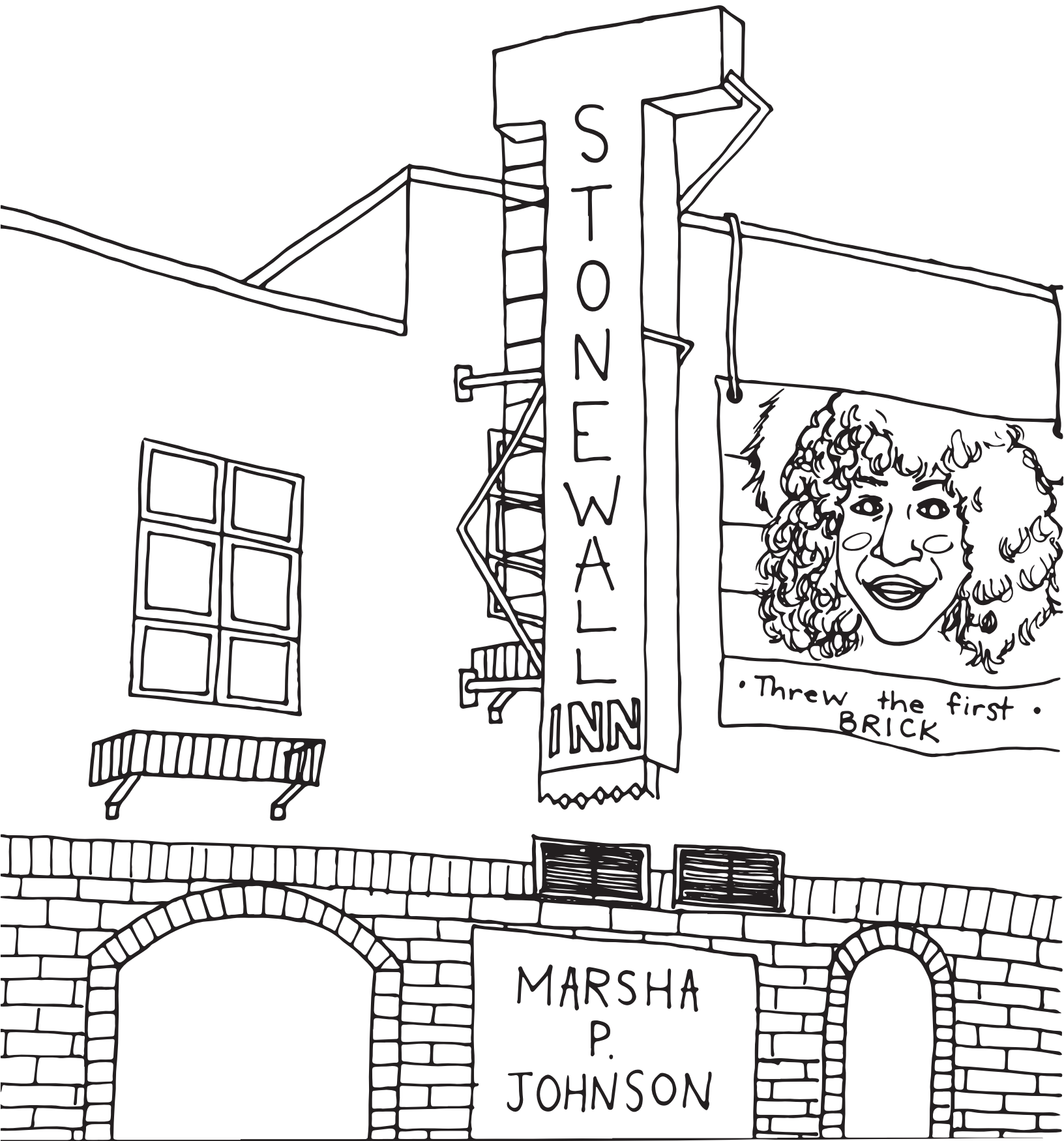
② ORANGE: HEALING    ③ YELLOW: SUNSHINE

④ GREEN: NATURE    ⑤ BLUE: MAGIC

⑥ PURPLE: SERENITY/SPIRIT



"With a glass shattering break in 1969,  
the LGBT+ revolution began in riots."



As a powerful woman emerging from darkness, Bamby Salcedo shines her light on various issues impacting the transgender community of color through the inspiring organization she has founded: TransLatina Coalition.



# MĀHĪ

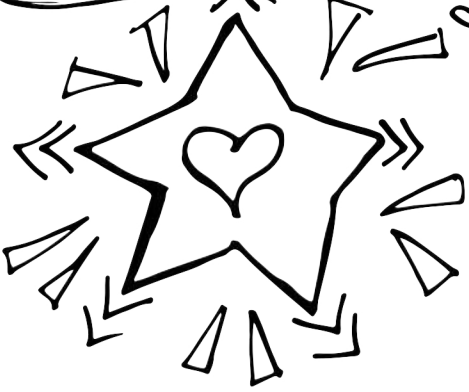


Those in Hawaiian culture with both male & female spirit. Seen as the 3<sup>rd</sup> gender, this is an expression of a 3<sup>rd</sup> self.

♡ fights  
for ♡  
Trans  
Womyns  
rights  
♡

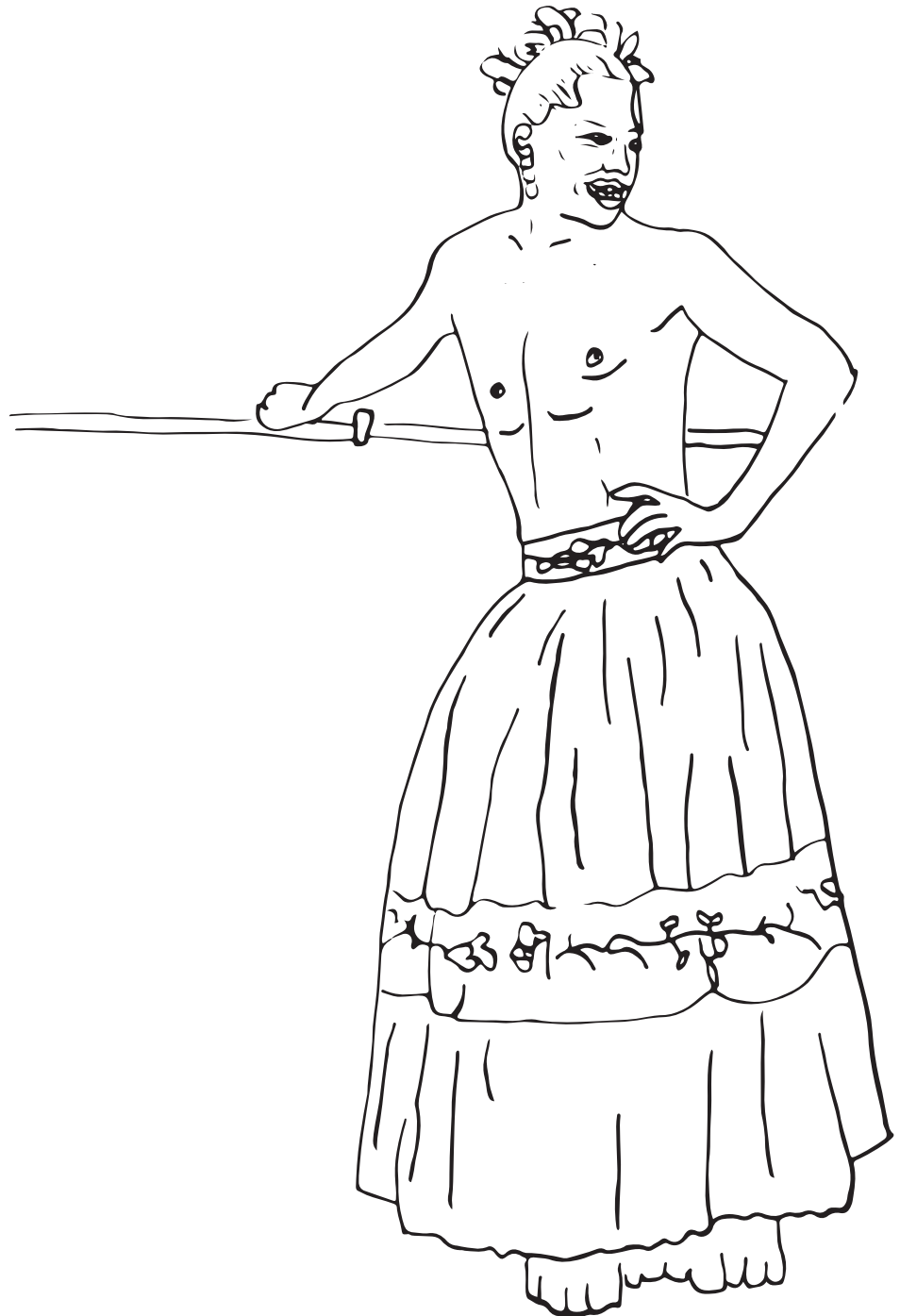
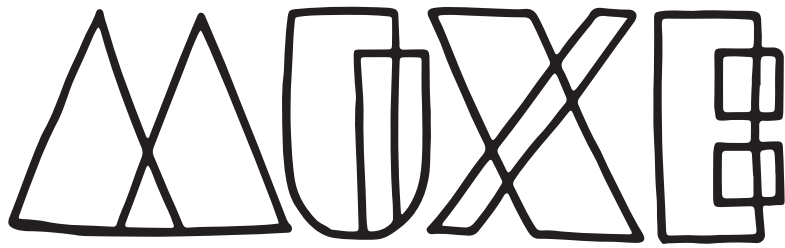


ACTRESS



Producer

L A V E R N E  
C O X



Mexican people born as male that do not identify as such. Zapotec cultures view this as the 3<sup>rd</sup> gender.

# Emma Goldman



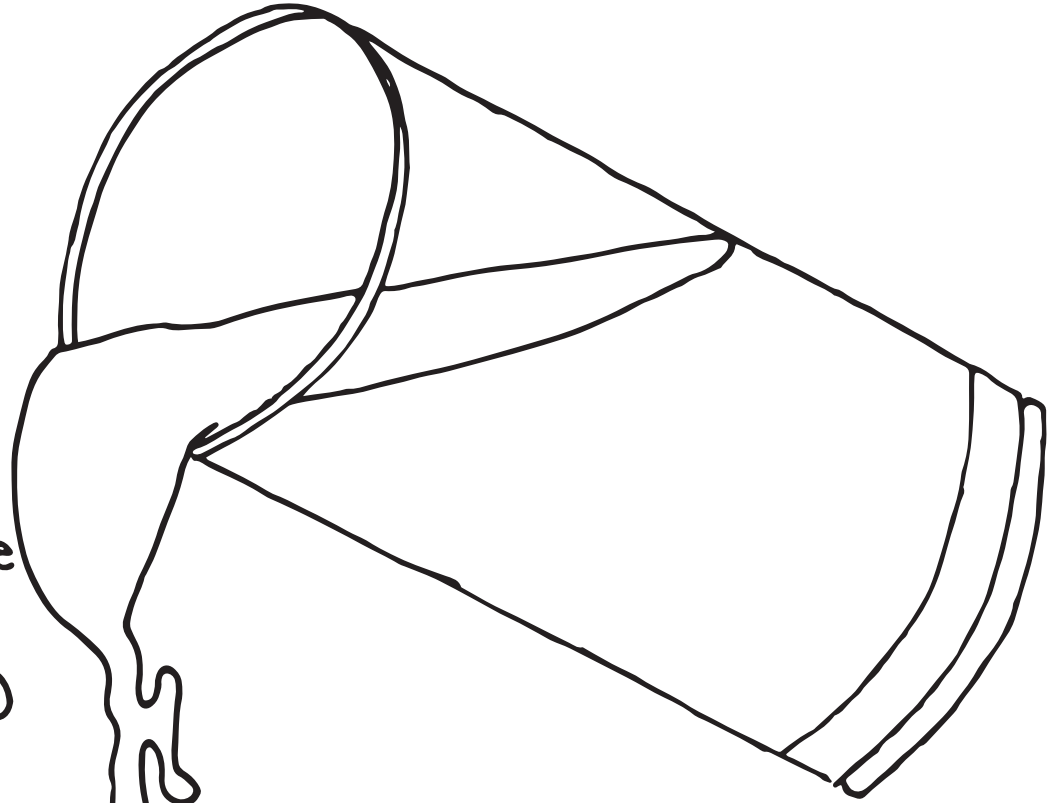
jewish writer & lecturer on  
anarchist philosophy,  
women's rights, &  
social justice



Artist,  
Activist,  
Writer, &  
Educator

GUILLERMO GÓMEZ-PEN~O

# Harvey Milk



"Burst down those closet doors once and for all"

"Stand up"

"Start to fight."

• First openly gay politician in San Francisco, certainly not the last. •



# PAINT BY NUMBER: FLAG EDITION!

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①
②
③
②
①

## TRANSGENDER FLAG

Used by female-to-male & male-to-female transgender people

②
④
⑤

## PANSEXUAL FLAG

Used by those with possible attraction to people of any gender

②
⑥
⑤

## BISEXUAL FLAG

Used by those with possible attraction to both men & women

- ① BABY BLUE
- ② PINK
- ③ WHITE
- ④ YELLOW
- ⑤ BLUE

- ⑥ PURPLE
- ⑦ BLACK
- ⑧ GRAY
- ⑨ GREEN
- ⑩ LIME GREEN

⑦
⑧
③
⑥

### ASEXUAL FLAG

Used by those with lack of or no sexual attraction to anyone

⑥
③
⑨

### GENDERQUEER FLAG

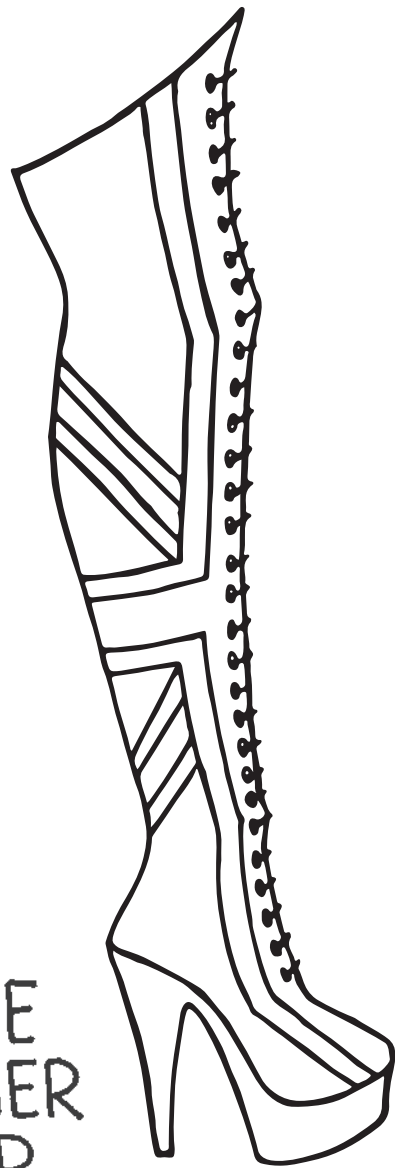
Used by those who identify with a gender outside the social norm

②
⑩
⑤

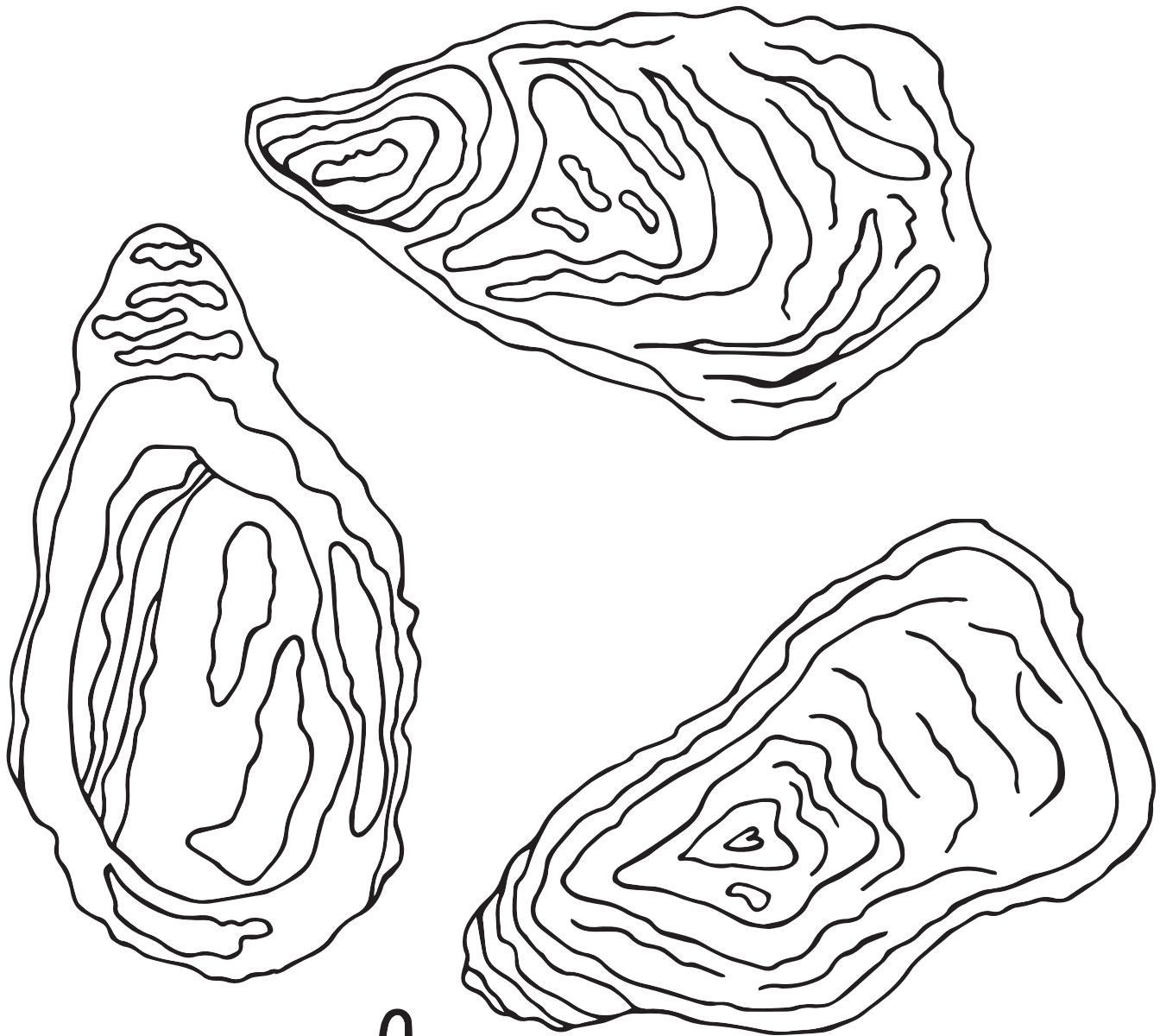
### POLYSEXUAL FLAG

Used by those with possible attraction to people of multiple genders

# KINKY BOOTS



A MUSICAL  
ABOUT A SHOE  
FACTORY OWNER  
WHO TEAMS UP  
WITH A DRAG QUEEN TO  
SAVE THE BUSINESS BY  
MAKING STURDY HIGH-  
HEELS FOR DRAG QUEENS



# Oysters

each one is both  
male & female.

with rough  
outsides & beautiful insides,  
they embody strength & beauty.

# MUXES

"In Oaxaca

One of the southernmost  
states of Mexico,

the indigenous Zapotec

people have embraced

a third gender

within their

communities: the muxes.



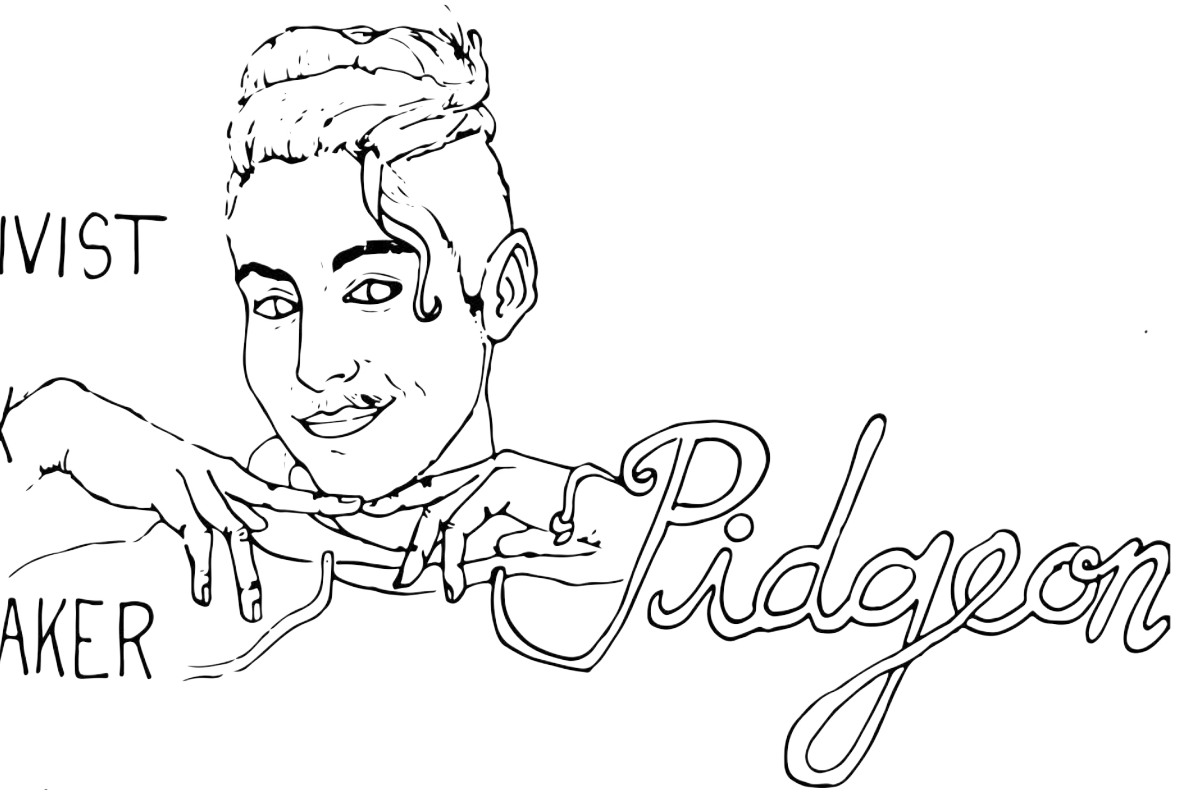
“Intersex is a term for people born  
with a body that’s too cute to be  
BINARY”

ACTIVIST

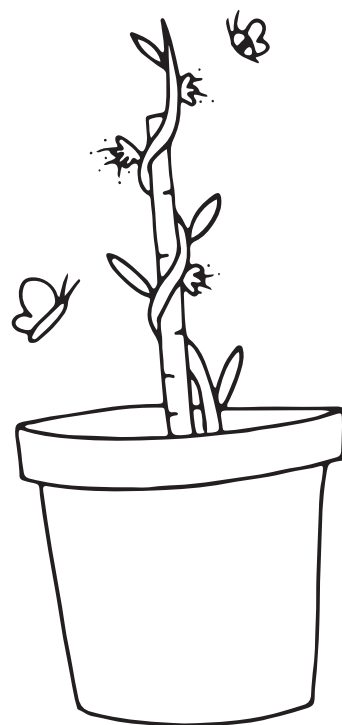
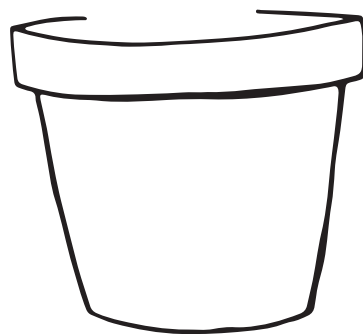
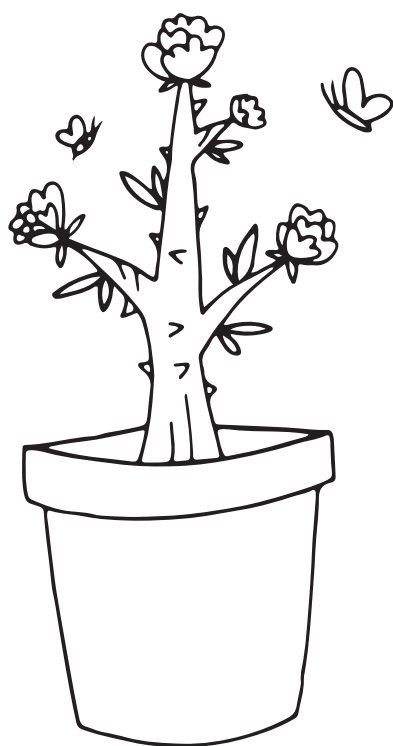
INTERSEX

FILMMAKER

BEAUTIFUL



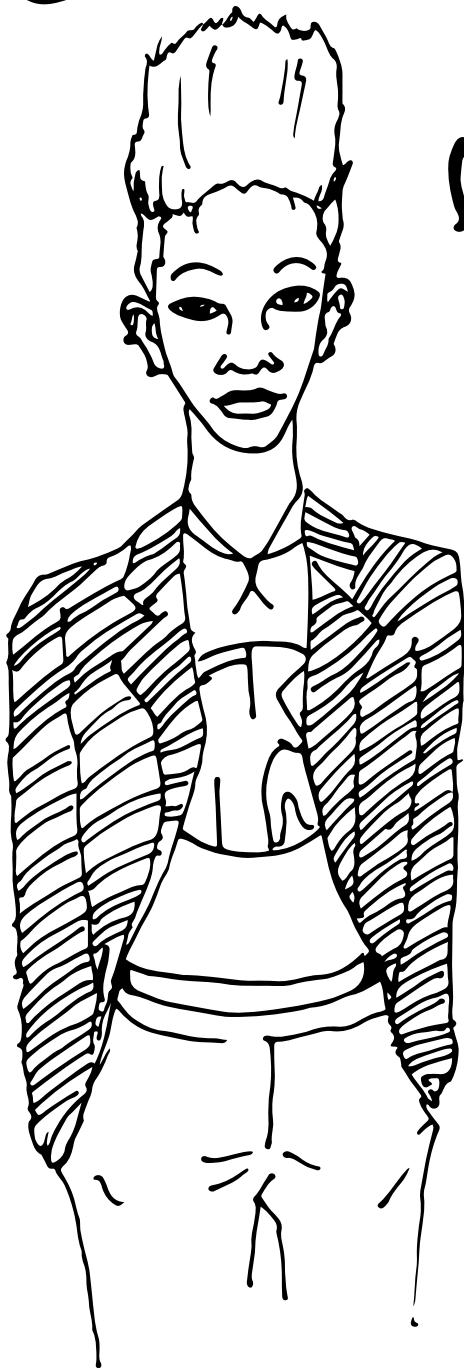
Plants are amazing in each and every way. They all have both male and female parts. Use the middle space to draw your own plant.



# PLANTS

Willow

Smith



DANKER

ACTRESS

GENDER

~ FLUID ~





Zuni Native American & two-spirit. She was born male, but performed both masculine & feminine duties.



1994 THE EZ.L.N. ROSE  
UP AGAINST NEO-LIBERAL  
ENEMIES AND DECLARED  
THEIR FIRST, WOMENS  
REVOLUTIONARY LAW

# CHAVELA VARGAS

paloma  
negra...

singer  
song  
writer



costa  
rican

KNOWN FOR HER  
MEXICAN RANCHERAS



a painter

+

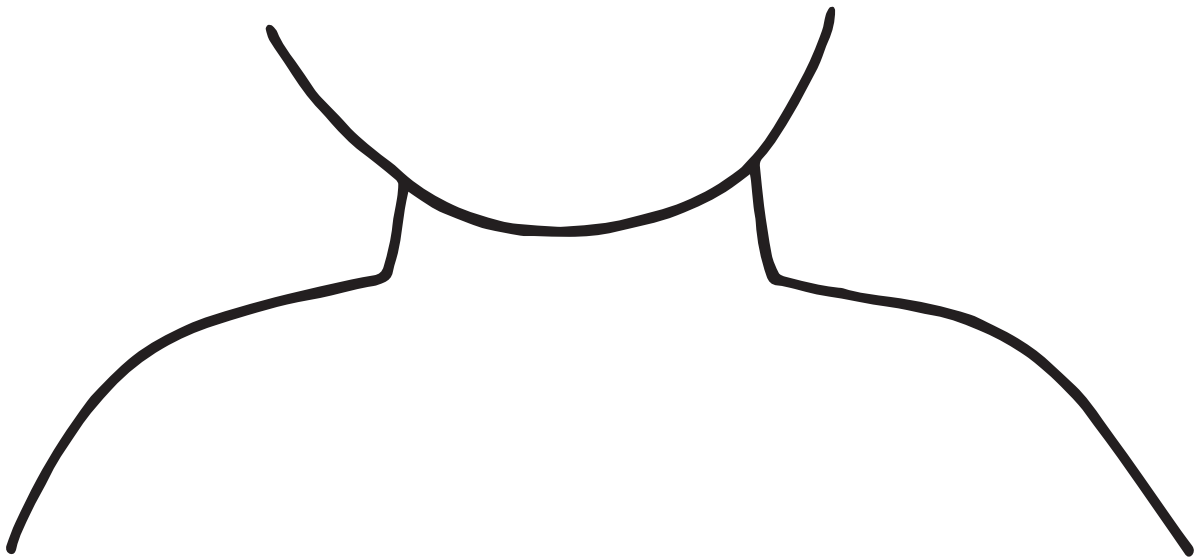
GENDER

BENEFIT

Frida

Kahlo

# Draw Yourself



maybe you didn't find anyone who is like you. maybe we missed a few. whatever the case may be, use this page to add one more important person: yourself!